



Virtual Group Fitness Classes

Introducing our Virtual Fitness Pass! Enjoy unlimited access to all your favorite virtual group* fitness classes for only \$25/month. January is on sale now! *Monthly group fitness calendar classes only

Classes are available for drop-in registration at \$10 per class, or included with a MARC Fitness Pass with class add on or Virtual Fitness Pass. For more information or to register visit parkcityrecreation.org.

Monday	7:00 AM 9:00 AM 12:00 PM 5:30 PM	Cardio Bootcamp Yoga Bootcamp Pain Free Posture	Anna Lauren Miranda Dee
Tuesday	7:30 AM 9:00 AM 10:00 AM Noon 5:30 PM	Cycling eLIGNABAR® Stretch Yoga Apré Ski Yoga	Miranda Faye Faye Shirin Penny
Wednesday	8:00 AM 9:00 AM 12:00 PM 12:00 PM 5:30 PM	Step Yoga Bootcamp Yoga Stretch & Mobility	Karrin Lauren Miranda Kati Katie
Thursday	7:30 AM 9:00 AM 10:00 AM 5:30 PM	Yoga eLIGNABAR® Stretch Cycling	Lindsey Faye Faye Miranda
Friday	8:00 AM 9:00 AM 10:00 AM 12:00 PM 4:00 PM	Kickboxing Pilates Gentle Yoga Bootcamp Apré Ski Yoga	Karrin Claire Shirin Miranda Steph
Saturday	9:00 AM 10:00 AM 10:00 AM 2:00 PM	eLIGNABAR® Stretch Yoga Systema	Faye Faye Leslie Mark
Sunday	9:00 AM 4:00 PM	Pilates Yoga	Amy Penny