



A higher degree of play

Winter 1 Youth Tennis Schedule

Effective: January 3, 2021



Winter 1 session dates: January 3– February 18

No clinics held on January 17

- Pro reserves the right to move youth up or down depending on tennis ability.
 - Drop-ins not allowed for any youth tennis programs.
- No refunds, exchanges or proration. Registration changes must be made 48 hours prior to program start date.
 - It is recommended that youth sign up for at least 2 days/week or more, but not mandatory.
 - One make-up class allowed per session. Email tera.johnson@parkcity.org to schedule.

Clinic	Days Offered	Time	Ages
Red Ball 1	M,T,W,TH	4:30 – 5:15 pm	4 - 5
Red Ball 2	M,T,W,TH	5:15 – 6:00 pm	6 - 7
Orange Ball	M,T,W,TH	4:30 – 6:00 pm	8 - 10
Green Ball	M,W,TH	4:30 – 6:00 pm	11 - 13
Yellow Ball	M,W,TH	3:00 – 4:30 pm	14 - 17
Peak Performance (Invite Only)	M,T,W,TH	2:45 – 4:30 pm	14 - 17

Park City MARC & Tennis

1200 Little Kate Road

435-615-5400

www.parkcitytennis.org

www.parkcityrecreation.org

Youth Clinic Descriptions

Registration for clinics may be done online or through the front desk.

Red Ball 1 (4-5 years): The main goal of this class is to introduce hand-eye coordination, tracking, receiving skills for future success and having FUN!

Red Ball 2 (6-7 years): The main goal of this class is to develop rallying skills.

Orange Ball (8-10 years): We use the appropriate size tennis court, tennis racquets and tennis balls for this age group. The main objective for this group is to be able to keep score, serve and rally consistently on the tennis court (60' black lines on the court for orange ball). We focus on developing full groundstrokes, forehand and backhand volleys, overheads, and the overhand serve.

Green Ball (11-13 years): We use the appropriate size tennis court, tennis racquets and tennis balls for this age group. The main objective for this group is to be able to keep score, serve and rally consistently on the full tennis court. We focus on developing topspin groundstrokes, and using the continental grip on volleys, overheads and serves.

Yellow Ball (14- 17 years): This group uses regular yellow tennis balls, full sized racquets and the full sized tennis court. The main objective is to prepare these players for High School tennis and USTA tournaments. We focus on further developing match play and proper technique.

Peak Performance – Invite Only: (14- 17 years): The goal of Peak Performance is to offer a high intensity training session for our top junior tennis players. Players are expected to compete at HS Varsity level, as well as be experienced tournament players with competitive sectional and/or national rankings. Players in this group are held to a standard of on court and off court practice requirements, and meet weekly with coaches to discuss practice habits. Players are also expected to be competing in at least 1 USTA tournament per month. Players who do not fulfill these requirements are subject to removal from this group. Questions please contact Dillon.bunt@parkcity.org.