



pctennis

A higher degree of play

Adult Tennis Schedule

Effective: 1/1/2022

- Clinic registration is available online by visiting www.parkcitytennis.org
- Pro reserves the right to move patrons up or down depending on tennis ability.
- Day of availability cannot be guaranteed, advance registration is highly recommended.
- 1.5 hr clinics with 3+ registered players will run allotted time. 2 players will run 1 hr, 1 player, 30 min. 1 hr clinics with 3+ will run allotted time. 2 players will run for 45 min. 1 player, 30 min.
- Clinic cancellations made more than 48 hours in advance will receive a full refund. Cancellations inside of 48 hours are non-refundable.
- Call the Tennis Office at 435-615-5429 with any other tennis related questions

Clinic	Day	Time	Level	Pro	Fee per class
HIIT Tennis	Sunday	11– 12:30 am	All levels	Chris	\$26
Beginner Skills and Drills	Monday	9– 10:30 am	Never Ever– 2.0	Lani Zoe	\$26
2.5 Women’s Social Match Play	Tuesday	12– 1:30 pm 1:30– 3 pm	2.5	-	\$13.25
Beginner Skills and Drills	Tuesday	6– 7:30 pm	Never Ever– 2.0	Zoe	\$26
4.0 Clinic	Wednesday	9– 10:30 am	4.0	Austin Lani	\$26
3.0/ 3.5 Women’s Social Match Play	Wednesday	12– 1:30 pm 1:30– 3 pm	3.0 and 3.5	-	\$13.25
3.0/ 3.5 Open Clinic	Thursday	9– 10:30 am	3.0 and 3.5	Radek Austin	\$26
2.5 Open Clinic	Friday	9– 10:30 am	2.5	Lani Zoe	\$26
3.0/ 3.5 Technique	Friday	10– 11:00 am	3.0 and 3.5	Radek	\$17
HIIT Tennis	Saturday	9– 10:30 am	All levels	Chris	\$26

Park City Recreation
 1200 Little Kate Road
 435-615-5400
www.parkcityrecreation.org

Adult Clinic Descriptions

Registration for clinics may be done online or through the front desk.

Beginner Skills and Drills: The Adult Skills and Drills class is great for patrons who are new to tennis or trying to get back into it. Come hit with a pro and fellow tennis players to work on basic technique, rules and strategy in a fun, energetic environment.

2.5 Clinic: This clinic is for 2.5 players and will focus on proper technique as well as rallying and point play. If you are unsure about your skill level or USTA rating, please contact the tennis department.

3.0/3.5 Open Clinic: This clinic is for 3.0 and 3.5 level players and offers a little bit of everything including drills, games and point play, with a lot of attention paid to doubles skills and doubles play.

3.0/3.5 Technique clinic: This clinic is for 3.0 and 3.5 players looking to advance their technique. Topics covered will include grips, stroke production and movement for groundstrokes, volleys and serves.

4.0 Clinic: The 4.0 clinic offers high level strategy practice through live ball and feeding drills.

HIIT Tennis: This is a high intensity, tennis specific on-court workout that features agility drills, hitting drills, and fitness stations.

Women's Social Match Play: Women's Social Match Play is for players looking to meet new friends and engage in some friendly competition in a non-intimidating environment. The tennis office will set you up on a court to play out a *doubles or singles* match depending on the number of women registered – no drop ins as matches will be set in advance. The 2.5 group is for women just getting into tennis with little match play experience. The 3.0/3.5 group is for women who have played for a few years and have a reliable, solid game. *No pro instruction.*