

www.parkcityrecreation.org

# Spring Youth Soccer Newsletter February 2019

Spring is soccer season for everyone! Check out some of the other programs we offer along with the Spring Youth soccer League.

### Parent/Child Soccer Program

-For 3-5 years -Saturdays 9am, 10am or 11am -April 20 - May 18 Our knowledgeable instructor will guide parents and children through fun activities that teach and practice soccer skills. Register online!

#### Match Mix up Soccer Program

- For 11-15 years

Karen@parkcity.org

**Questions?** 

- Wednesdays 5:30-7:00pm
- April 24 May 29

COED program, all ability levels. Skill development, fun games and scrimmages. Register online today!

## 8 Ways to Be a Great Sports Parent

- 1. Model positive behaviors
- 2. See the future, but enjoy the present
- 3. Encourage risk taking & find joy in the effort
- 4. Celebrate the competitor above the winner
- 5. Foster independence by allowing your athlete to take ownership
- 6. Treat the coach as an ally, not an adversary
- 7. Encourage academics
- 8. Just love watching your kids play



www.changingthegameproject.com

## **Questions? lauren.howerter@parkcity.org**