

Clinic Descriptions

Junior Clinics:

Team Mini Stars: Ages 5-8. This is a beginner clinic for juniors just starting tennis. This clinic will include learning racquet skills, hand eye coordination, simple tennis etiquette, the forehand groundstroke, volleys, and underhand serves. Offered M,T,W,TH 4:30-5:30.

Team All-Stars: Ages 8-11. In this clinic your child will be working on their forehand and backhand stroke production, basic direction control, rallying skills, volleys, and serves. Offered M,T,W,TH 4:30-5:30 pm.

Team Super Stars: Ages 8-11. In this clinic your child will be enhancing their rallying skills, basic understanding of tactics and strategy, stroke production, volleys and overheads, serves, and knowledge of tennis etiquette and rules. Pro Invite only. Offered M,T,W,TH 4:30-5:30 pm.

Junior Training: Ages 12-14. This clinic is used to help improve players stroke production, control over the direction of the ball, understanding of doubles positions, rallying skills, and understanding the concept of spin on the ball. Players may be introduced to USTA competitions. Offered M,W,TH 4:30-6 pm.

Senior Training: Ages 13-17. Tournament level and high school aged players. In this clinic we will be improving upon the players ability to hit their strokes with different spins, doubles positioning, depth control, proper grips, and rallying skills to help prepare them for high school tennis/ tournament play. Offered M,W,TH 3-4:30 pm.

Adult Clinics:

Team O'Brien: 3.5 level team. This practice is exclusively for teams. Contact Hannah for Information at Hannah.shephard@parkcity.org. Offered F 9-10:30 am.

PCWITL: Park City Women's Intra Tennis League. This program is by invite only. In this league you will be assigned a partner and a court to play out a doubles match. If you are interested in joining in on this clinic contact Hannah.shephard@parkcity.org.

3.0/3.5 Clinic: This clinic is for 3.0/3.5 players. A mixture of drills and skill building exercises with the primary focus of being on doubles play. Offered TH 12-1:30 pm.

*USTA League Teams are available. If you are interested in playing on a league team please contact Hannah Shepard at Hannah.shephard@parkcity.org

Clinics listed above are open to players who pre-register for the session. Drop in availability will depend on the number of weekly sign-ups. Drop in clinic prices vary based on length and format. Please call the front desk at 435-615-5401 to sign up for drop in at least 24 hours prior to each clinic. Team workouts available to current USTA rated players only. Schedule is subject to change. Details and class descriptions available at www.parkcitytennis.org