



pcaquatics

A higher degree of play

# September Pool Schedule

Effective September 9th

## NEW Lap Pool Hours begin Monday, September 9th

### Leisure Pool closes September 15th

- Coached Swim included in class pass or daily class drop in fee.
- Stroke Development: Coached workout with focus on stroke drills.
  - HIIT: Fast Fridays! Coached workout focusing on paced sets.
- Call the Aquatics office with any other Aquatics related questions at 615-5409.

## Lap Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stroke Development 12:15 - 1:30pm		Stroke Development 12:15 - 1:30pm		HIIT 12:15 - 1:30pm		
Open Swim 3:00 - 7:00 pm	Open Swim 3:00 - 7:00 pm	Open Swim 3:00 - 7:00 pm	Open Swim 3:00 - 7:00 pm	Open Swim 3:00 - 6:00 pm	Open Swim 12:00 - 5:00 pm	Open Swim 12:00 - 5:00 pm

## Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed	Closed	Closed	Closed	Closed		
					Open Swim 12:00 - 5:00 pm	Open Swim 12:00 - 5:00 pm Last Day 9/15

Park City Recreation  
 1200 Little Kate Road  
 435-615-5400  
[www.parkcityrecreation.org](http://www.parkcityrecreation.org)