

Spring Youth Soccer 2019



Parent Packet

Policies & Procedures	2
Letter	3
Spring Soccer Information	4
Why Small Sided Games	5
Parent Checklist	

1200 Little Kate Road 435-615-5401

www.parkcity.org
Weather hotline 435-615-5432

Welcome to Park City Recreation's Spring Youth Soccer League!

Park City Recreation Policies & Procedures

Philosophy: Our recreation soccer program is designed to teach players soccer skills, teamwork and sportsmanship in an environment where participation and fun are the focus, not winning at all cost. The purpose of recreational soccer is to provide an opportunity for the participants to learn the sport and develop life skills including a lifelong love of the game.

Registration: Registration will open January 2nd - March 16th.

Early bird registration \$60 January 2nd - February 14th
Registration fee \$70 February 15th - March 16th
Registration after the deadline (if space allows) \$80

We do not accept requests for specific teams/coaches.

Deadline: The deadline to register for \$70 is March 16th. After the deadline all players will be placed on the waitlist. Only divisions with space available will allow for registration with the \$10 late fee charge totaling \$80.

Waitlist procedure: For a division that is full after the deadline, participants will be placed on a waitlist. There will be no charge to be placed on the waitlist. Participants will be pulled off the waitlist and added to teams based on the date/time they were added to the waitlist. Once a participant is pulled off the waitlist the registration fee \$70 plus the \$10 late fee will be charged.

Dates: Wednesday April 17 (1st-4th grade) / Saturday April 20 (Pre-K & Kinder) – Saturday June 2nd

Days/Times: Pre-K & Kindergarten divisions will play on SATURDAYS ONLY 9:00am- 2:00pm (game times on the hour, game times will vary each week).

1st-4th grade divisions will play on WEDNESDAYS 5:00pm – 7:00pm & SATURDAYS 9:00am-2:00pm (game times on the hour, game times will vary each week).

Coaches: All coaches are volunteers and we rely heavily on those volunteers to help facilitate the program. Coaches will receive a 50% discount on the program and a 5 punch pass to the PC MARC with the commitment of a head coach position. All coaches <u>must</u> complete and pass a background check through Park City Municipal Corp. before coaching.

Coaches meeting will be held at the PC MARC Party room on Wednesday April 3rd at 6:00pm. Coaches will receive their equipment (roster, uniforms, soccer balls, cones) at the meeting.

If you have not heard from your coach by April 15th please contact Lauren Howerter <u>Lauren.howerter@parkcity.org</u> 435-615-5420 We at Park City Recreation feel very fortunate to have the opportunity to provide a fun and exciting sport atmosphere for your child/children. The understanding of team play, sportsmanship, leadership, and following directions are just a few of the experiences your child/children will be exposed to by participating in organized sports.

There are few items we would like to cover to help with the season your player is enrolled:

1. Parking

- a. Carpooling is strongly encouraged in order to reduce the amount of cars at Quinn's
- b. After 5pm on Wednesdays & Saturdays the USSA parking lot can be utilized for additional parking
- c. If you have questions on parking please feel free to contact me for the proper location.

2. Trash

a. Please make sure we are cleaning up after our teams and players

3. Siblings& Co.

- a. We love having brothers and sisters come and watch the games. However they need to be supervised so we don't have balls rolling onto the field. This could harm both the players in the game and/or the sibling.
- b. Dogs are not allowed on the fields at the Park City Sports Complex. If you must bring your dog please utilize the Dog Park or trails, and make sure your dog is on a leash.

4. Parent behavior

- a. Be a role model to other parents and players.
- b. Don't be the parent everyone else is talking about after the game.
- c. Respect the referee's. If you have an issue please speak with the program supervisor.

Following these guidelines will ensure a great experience for everyone, from the players to the facility providers. Please read the remainder of this packet to help the season run smoothly. If we all pitch in a small ways, we can make a big difference.

Thank you & let's have some fun!

Lauren Howerter

Recreation Spring Youth Soccer 2019

We are looking for a fun and exciting spring season!

Q. How do I know if a game is going to be cancelled?

A. Call the weather hotline **435-615-5432** after **4pm** on weekdays and after **8am** on Saturdays. We try to play every game and wait as long as possible before making the call in hopes that we will play.

B. We also offer a texting service to notify you of last minute cancellations. **Text** YOUTHSOC to 84483 to receive weather updates for the Spring Soccer League

Q. Why isn't my son/daughter on the team I requested?

A. We do not accept teammate or coach requests in youth sports leagues. Teams are developed based on schools. It may be a mix of schools (example some Parleys and some Jeremy), but there should be some kids from your players school on the team...unless you signed up past the deadline.

Q. What days do we play on? What time?

A. Tentative Game and practice days are as follows:

PRE-K (COED) – Saturdays Only
Kindergarten – Saturdays Only
*1&2nd Grade – Wednesdays & Saturdays
*3&4th Grade – Wednesdays & Saturdays

Game/practice times will vary each week (scheduled on the hour)

Games/practices will start at 5 or 6 pm Wednesdays Saturdays 9am - 2pm



These times are tentative; it all depends on how many kids sign up to play. FAQ:

Q. Are the days listed the only days the leagues will play?

A. Unless the coach schedules practice on a different day. We only schedule 2 days per week. Pre-K and Kindergarten will only play once per week.

Q. What equipment does my player need?

A. Every player will need to bring their own shin guards & cleats or sneakers. Players will receive a jersey, shorts and socks

Q. Where do we play?

A. Quinn's Junction Sports Complex- by the ice arena

Any additional Questions please call the PC MARC front desk 435-615-5401 or Lauren Howerter 435-615-5420



Why Small-Sided Games?

US Youth Soccer has thought long and hard about the answer to the question, "Why Small-Sided Games?"

What does "Small-Sided Games" mean? These are soccer games with fewer players competing on a smaller sized field. These are fun games that involve the players more because fewer players are sharing one ball.

All ages can play "Small Sided Games", but it has a definite developmental impact on our younger soccer players. US Youth Soccer recommendations for "number of players" at the various age groups are as follows:

U6| 3 against 3 no goal keepersU8| 4 against 4 no goal keepersU10| 6 against 6 with goal keepers

Here are some of the reasons why we believe, as soccer coaches, administrators and parents must guarantee that our young soccer players play small-sided games:

- 1. Because we want our young soccer players to touch the soccer ball more often and become *more skillful* with it! (Individual technical development)
- 2. Because we want our young soccer players to make *more*, *less-complicated decisions* during the game! (Tactical development)
- 3. Because we want our young soccer players to be more physically *efficient* in the field space they are playing in! (Reduced field size)
- 4. Because we want our young soccer players to have more *individual teaching time* with the coach! Less players on the field and less players on the team will guarantee this! (Need to feel worthy and need to feel important)
- 5. Because we want our young soccer players to have *more*, *involved playing time* in the game! (More opportunity to solve problems that only the game presents)
- 6. Because we want our young soccer players to have *more opportunity to play on both sides of the ball!* (More exposure to attacking and defending situations)
- 7. Because we want our young soccer players to have *more opportunities to score goals!* (Pure excitement)

These are the reasons why we adults must foster "Small-Sided Games" in our youth soccer programs. The "Small-Sided" environment is a *developmentally appropriate environment* for our young soccer players. It's a **FUN** environment that *focuses on the young soccer player*.

PARENT "SELF" CHECKLIST

By registering my child in a Park City Recreation program, I pledge to follow the examples below and exercise my own good judgment regarding my personal conduct during youth games and practices.

Punctuality: I will be on time or early when dropping off my child for a practice or game. I understand that is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games and practice. This shows respect for the volunteer coach, who has other time commitments, and it tells my child that he or she is my top priority.

Purpose of Sports: I understand that the top three reasons kids play sports are to have fun, make new friends and learn new skills. I understand that the game is for the kids, and that I will encourage my child to have fun and keep sport in its proper perspective. I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive.

Encouragement: I will redefine what it is to be a "Winner" in my conversations with my child. A winner is someone who makes maximum effort, continues to learn and improve, and does not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that all children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self. "I LOVE WATCHING YOU PLAY"

Respect: I will "Honor the Game." I understand the importance of setting a good example of sportsmanship to my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and referees. I understand that officials, coaches and players make mistakes. If the referee makes a "questionable" call, I will continue to respect the individual and be silent.

Cheering: I understand that games can be exciting times for my child who is trying to deal with the fast-paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams.

Attitude: I will not make negative comments about the game, coaches, referees or teammates in my child's presence. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience. It may even make my kid a whiner, or a wiener, but definitely not a winner.

Refereeing: I agree to help as an official for a future game if I am having a hard time cooperating (yelling at or display any type of unruly behavior) with the officials at a game I am watching.

Why Children Play Sports

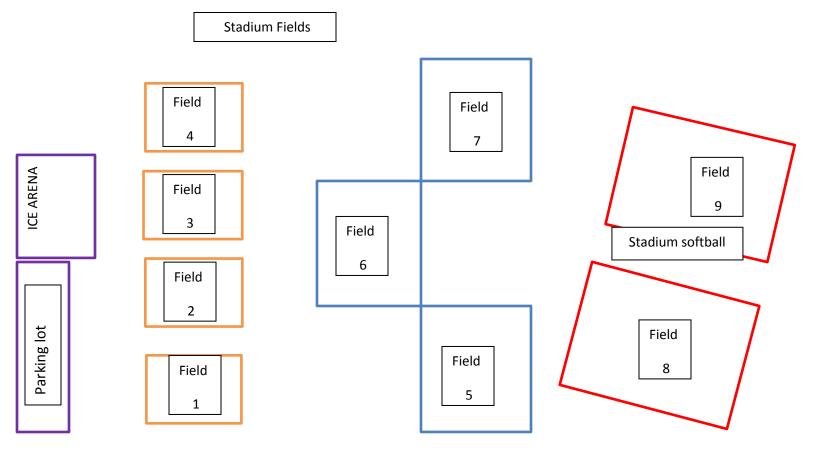
TO HAVE FUN
 To learn and improve skills
 To succeed

3. To be with friends and make new ones 6. To exercise and become physically fit

7. To be part of a team

By reading this document you and your family will abide by the above statements.

Quinn's Junction Sport Complex



- Fields 1-4 will be for the Pre-K & Kindergarten division
- Fields 5-7 will be for the 1&2nd grade divisions
- Fields 8 & 9 will be for the 3-4th grade divisions